

Finnish Table Tennis Association and Pajulahti Olympic and Paralympic Training Center are delighted to invite You to attend the international Para Table Tennis tournament in Finland. The tournament will be arranged in Finland in Nastola Friday 11th October - Sunday 13th October, 2019.

More info: info@sptl.fi

# **SCHEDULE**

8th-9th October: 8th-9th October: Arrivals
Classification

10th October:

Training

11th-13th October:

Tournament games

14th October:

Departure





SAVE THE DATE!

EUROPEAN PARA
YOUTH GAMES
AT PAJULAHTI
25.-30.6.2019
MORE INFO:
WWW.EPYG2019.FI



### **GENERAL**

Pajulahti, an outstanding sports and leisure oasis is the only Olympic and Paralympic Training Center in Finland. Area is located in eastern Lahti just over an hour's drive from capital area and twenty minutes from Lahti city center.

Among our supply of sport venues are Pajulahti Hall, ball arenas, ice arena, swimming hall, combat sport arena, gymnastics, fitness rooms, full-size football fields and outdoot running track.

We are official Olympic and Paralympic Training Center and we take pride in our professional expertise in adaptive sports.

## **ACCOMMODATION**

Pajulahti offers accessible accommodation for 226 persons in comfortable sport standard and wellequipped hotel standard rooms.

For your convenience all accommodation, main services and sport venues are located within walking distance and no transportation is needed.

### RESTAURANT

Generous breakfast, lunch and dinner buffets are served daily in our spacious scenery restaurant. We cater to all special dietary needs. Licenced diet chef on duty. Our buffets are well-balanced and carefully prepared from healty Finnish ingredients, mainly from local producers.

In Finland we have the world's best drinking water! Take your own water bottle and refill it with the world's best tap water.

#### **OTHERS**

Free Wi-Fi in the Pajulahti area

In Pajulahti you can pay all services by credit card. The closest ATM is 4km from Pajulahti

Electrical plugs: Basic European 220 V









Pajulahti